

Radiation: during radiation, x-rays may destroy blood vessels. Hyperbaric oxygen promotes and revitalizes. The only reason it's not used more is the cost.

Reflexology is effective for PMS.

General comment: Remarkably, Dr. Rosenfeld points out that drug companies often do not research hormones and other chemicals (e.g. CoQ10 and DHEA) naturally made by the body because you can not patent them. Yet, some of these chemicals, like adrenaline for instance, are quite powerful and could have wide applications. Melatonin and interleukin-2, it is suspected, may have anti-cancer properties. These antioxidants help prevent the damage done to DNA caused by oxygen-free radicals. Melatonin also reduces estrogen and blocks prolactin, again, helpful against cancer. He recommends these for advanced tumors of the reproductive organs. CoQ10 may help strengthen the heart.

Glucosamine and chondroitin is commonly used for arthritis.

Chromium may help type 2 diabetes.

There was lots more information, but I thought these points in particular were fascinating.